Warrior's Path Buddhist Academy 2023 Year End Letter

<u>Warrior's Path Buddhist Academy</u> continues to support the practices of Kung Fu, Taiji, Qigong and Zen Meditation for everyone, without obstacles, through financial assistance and instructional programming. We are a non-profit 501(c)(3) organization.

Our programs impact lives by empowering people of all ages with tools for self-actualization, self-healing, self-defense and full potentiality.

We met our 2023 goal of expansion and continue to add to our scholarship partners. In this way, we support practice for a large cross-section of underserved populations. Our partner schools are headed by a diverse range of instructors with a wealth of experience in the Chinese disciplines they teach.



Currently, your support sponsors scholarships for: 20 students





"Thank you so much for the support. It has been a truly transformative practice for me so far, and I look forward to continuing my studies."

Who attend weekly training across these affiliates:

Bei Shaolin Institute

Memphis, Tennessee

HealthKick Kung Fu

Old Town-Cabrini neighborhood, Chicago

Mei Hua Shaolin Institute

Belmont-Cragin neighborhood, Chicago

Taiji In Chicago

Uptown & Logan Square neighborhood, Chicago

Ohio Wushu Academy

Dublin, Ohio

Giving levels -

\$1800 supports 1 student for one year

\$1000 supports 1 student for six months

\$ 500 supports 1 student for three months

\$ 250 supports our immersive retreats

\$ 100 general support

DONATE

Our scholarship recipients are committed to their practice. Regular attendance is a requirement for receipt of the scholarships.

"My hands have been full these days caring for two small humans. They are two reasons why taiji is an important and necessary practice in my life. Thank you thank you for this scholarship and for supporting my continued journey."

We continue to host the following events as a public service.

These are open to anyone at any time and serve the dual purpose of introduction for the new student and immersion for the experienced one:

Qigong For Health & Wellness – weekly Marshall Field Garden Apartments Old Town Cabrini neighborhood, Chicago

Shaolin Retreat – monthly once a month, Fridays and Sundays Old Town Cabrini neighborhood, Chicago

R&R Qigong & Meditation Retreat – monthly once a month, on Fridays and Sundays Old Town Cabrini neighborhood, Chicago

Full Moon Ceremony – <u>monthly</u> Old Town Cabrini neighborhood or Lincoln Square neighborhood, Chicago

Introduction to Taiji – <u>quarterly</u> Uptown neighborhood and Logan Square neighborhood, Chicago



These events are open to everyone in our school partner community and in the Chicagoland area at no additional or set fee. **Donations** are requested, but not required.

Attendees have an opportunity to decompress a bit, examine and immerse themselves more deeply in various aspects of practice.

Board seat vacancy in January 2025 -

Could you help us further our mission? Warrior's Path has a Board seat opening for someone skilled in non-profit fundraising. Assist our growth as we expand our reach.

Email us at: paula@warriorspathacademy.com

[&]quot;We met when I had that short stay in Chicago last summer. Doing Kung Fu really did something for me spiritually, mentally, and emotionally."

Additional planned event for the Warrior's Path community in Fall 2024 -

Warrior's Path Sleep Away Retreat Walworth, Wisconsin

We did our first *Sleep Away Shaolin Retreat* for four days in September 2022.

The event combined sitting meditation, qigong and kung fu on a set schedule, mimicking the atmosphere of a Zen Temple.



This community practice involves times of silence, cooking for each other, taking meals together and practicing meditation, kung fu, taiji and qigong together.

We are expanding this practice to include our other affiliates to bring our larger Warrior's Path community together.





Your donation supports subsidized and scholarship attendance at this event.

- \$ 250 supports our immersive retreats and workshops
- \$ 100 general support

"I have been able to engage my self-development through the Shaolin Monk training, especially how physical and spiritual practice enhance one another."

All donations are tax-deductible and could be made online: https://warriorspathacademy.com/donate/

Or via Zelle at donate@warriorspathacademy.com

Checks may be mailed to:

Warrior's Path Buddhist Academy, 720 Gordon Ter Unit 15B Chicago, IL 60613

Thank you for your generosity!